

The background features a stylized sun with yellow rays on the left, green mountains below it, and a blue and green globe on the right. Three golden angel silhouettes with wings are flying in the upper right quadrant.

# MIRAM

## Why We Must Go Back

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# *Dropped off Dog*

- Children who have not experienced the cleansing power of Jesus are the lawful prey of the enemy, and the evil angels have easy access to them. Some parents are careless and suffer their children to grow up with but little restraint. Parents have a great work to do in the matter of correcting and training their children, and in bringing them to God and claiming His blessing upon them. By the faithful and untiring efforts of the parents, and the blessing and grace bestowed upon the children in response to the prayers of the parents, the power of the evil angels may be broken and a sanctifying influence shed upon the children. Thus the powers of darkness will be driven back. CT 118.2
- Dropped off Dog
  - Animals dropped off on the side of the road
  - Waiting for someone to come and get it
- Wherever we got dropped off in baby hood is where we will stay until God reparents us.
  - When we give our hearts to Jesus He becomes our parent.
  - He takes us back to where we were dropped off in our amygdala.
  - He revisits the issues, injuries, trauma, hurt, pain, root problems with us.
  - Then we can see our situation the way Jesus saw it.
    - No longer stuck like the dropped off dog
    - When my father and my mother forsake me, Then the LORD will take care of me. Psalms 27:10 (NKJV)
    - Healing time with God

# *The Internal Working Model*

- What you do with this urge to connect depends on your “internal working model”. Internal working models consist of:
  - How you see yourself (Am I worthy? Am I loved?)
  - How you see others (Are they available? Are they responsive?)
  - How you see the world around you (Is it safe? Is it fair?)
- Internal working model begins at conception and in the womb. Your early experience with your caregivers shapes your internal working model.
  - Did someone hold you when you cried? Were you fed when you were hungry? Were you soothed when you were distressed? How your caregivers responded to you as an infant made a lifelong impact on how you view the world.
  - Our parents are the depiction of God to us. If we have detached from our parents in any way it will warp our understanding of who God is. This is because our parents are God to us as children.
  - Ultimately our detachment from our parents or from others causes us to detach from God.
- Our experiences (bullying at school, abuse, discord in your home, unstable parenting, or death or divorce, etc) have shaped our world view and caused misunderstandings.
  - We all have developed misunderstandings that God wants to change.

# *What is Attachment Disorder?*

- Attachment disorder is our inability to attach ourselves to others in relationships. This likely begins in childhood and if not healed will cause us to develop unhealthy relationships as adults.
- The characteristic of being completely attached to God is having completely fulfilling relationships with others.
- The characteristics of being detached from God has all to do with root problems.
  - Womb experience
  - Generation
  - Abandonment, rejection, negativity, criticism, trauma, abuse

## *What does adult attachment look like?*

- Threats in our environment evoke emotion, responses and reactions.
- Threats are anything that ignites your need to be relational. It's a momentary and subconscious need to gain safety by seeking the proximity of someone you care about. A small child will run to parents when they hear a loud, unexpected noise. As an adult, you might call a friend when you get bad news, or even when you get good news!
- These threats instinctively drive us to connect, or attach, with others in our life.
- Detachment disorder begins when we detach from God when we feel threatened or when our feelings are ignited. Instead of attaching to God through prayer, word of God we detach and respond negatively.
  - Example the Garden of Eden. Eve chose to detach from God by going closer to the tree and not fleeing from Satan.
  - In the same way when we feel threatened by something, someone we choose to respond in our way instead of reconnecting to God and allowing Him to lead us.
    - Feelings
    - Emotions
    - Anxiety, depression, negative, anger, sadness, bitterness, resentment, unforgiveness



# *Attachment Disorder Styles*

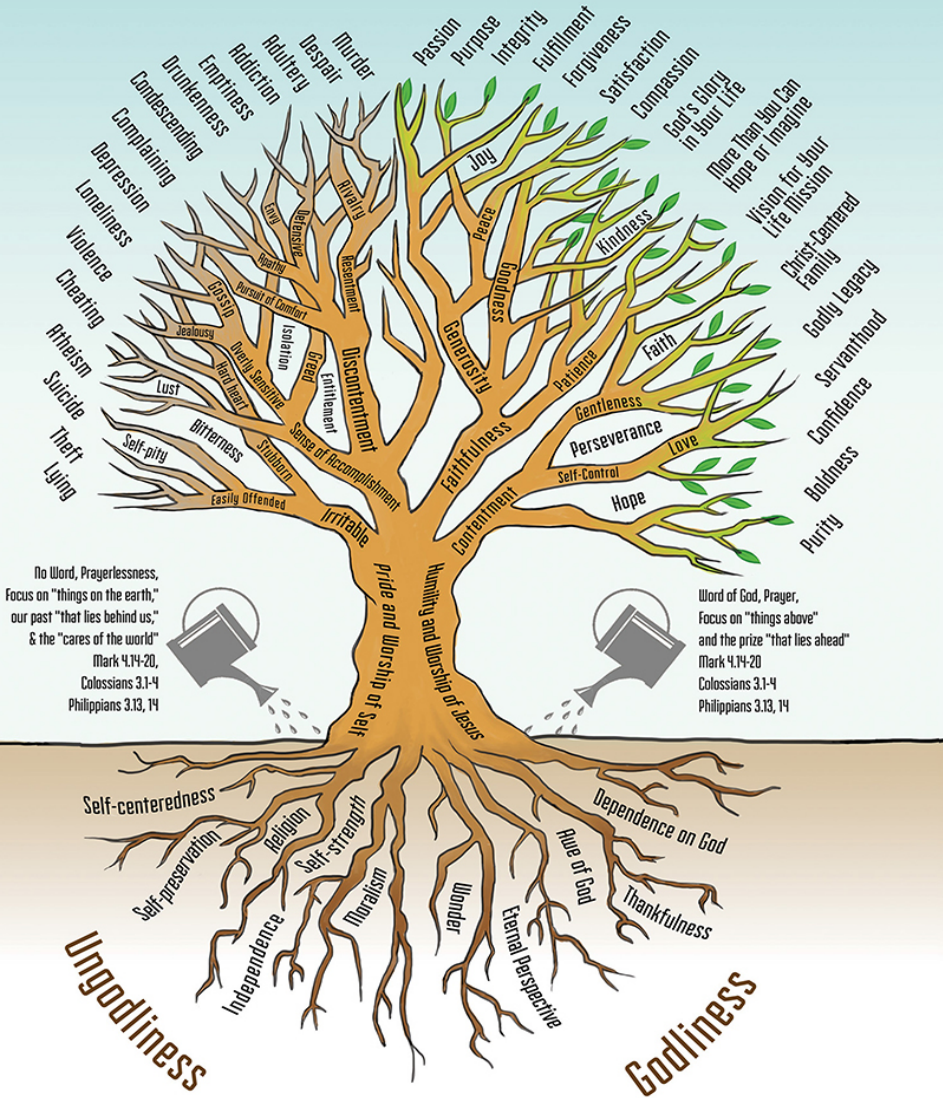
- **Secure Adults** - Securely attached adults were raised in a consistent, reliable, and caring way. They learned early that the world is a safe and accessible place and others are viewed as dependable and supportive. They feel able to love and they feel loveable. They are compassionate and responsive to others. They are flexible thinkers and able to explore options and ask for advice. They are accepting of differences and trusting in love.
- **Avoidant Adults. Dismissing Style –**
  - vague and non-specific early childhood memories
  - avoid intimacy and close affective involvements
  - experienced caregivers as unnurturing, dismissive and critical.
  - uncomfortable with closeness and intimacy
  - emotionally distant, uncomfortable expressing needs or asking for help
  - do not recall much of their childhood experiences.
  - cool, controlled, ambitious and successful
  - avoid conflict and tend to be passive-aggressive and sarcastic
  - don't want to rely on anyone, fearing dependency or a perception of being weak
- **Ambivalent Adults. Preoccupied Style –**
  - over-detailed stories and continue to reexperience past hurts and rejections in a manner suggesting a lack of resolution.
  - parents who alternated between warmth and availability and coldness and rejection for no apparent reason.
  - bossy and controlling and do not like rules and authority
  - impatient, critical and argumentative.
  - They like to "stir the pot" and often sabotage getting what they want.
  - creative, exciting, adventuresome, and charming.
- **Disorganized Adults –**
  - disorganized state of mind.
  - they run very hot and cold.
  - history of abuse, neglect, or severe loss.
  - parents were unresponsive, inconsistent, punitive and insensitive.
  - afraid of genuine closeness and see themselves as unworthy of love and support.
  - antisocial behaviors such as lack of empathy and remorse.
  - selfish, controlling, refuse personal responsibility for their actions, and disregard rules.
  - severe attachment trauma makes them much more vulnerable to a variety of emotional, social and moral problems.

# *Signs of Detachment*

- Withdrawal from connections – fear
- Inability to develop and maintain significant relationships, romantic or otherwise
- Inability to show affection
- Resistance to giving and receiving love despite craving it
- Control issues
- Anger problems
- Impulsivity
- Sense of distrust
- Inability to fully grasp emotions
- Feelings of loneliness and emptiness
- Lack of a sense of belonging
- Unforgiveness, grudges
- Pull on something or someone for a sense of fulfillment

# FROM ROOT TO FRUIT

LIVING BY THE FLESH VS. LIVING BY THE SPIRIT  
Romans 8:13

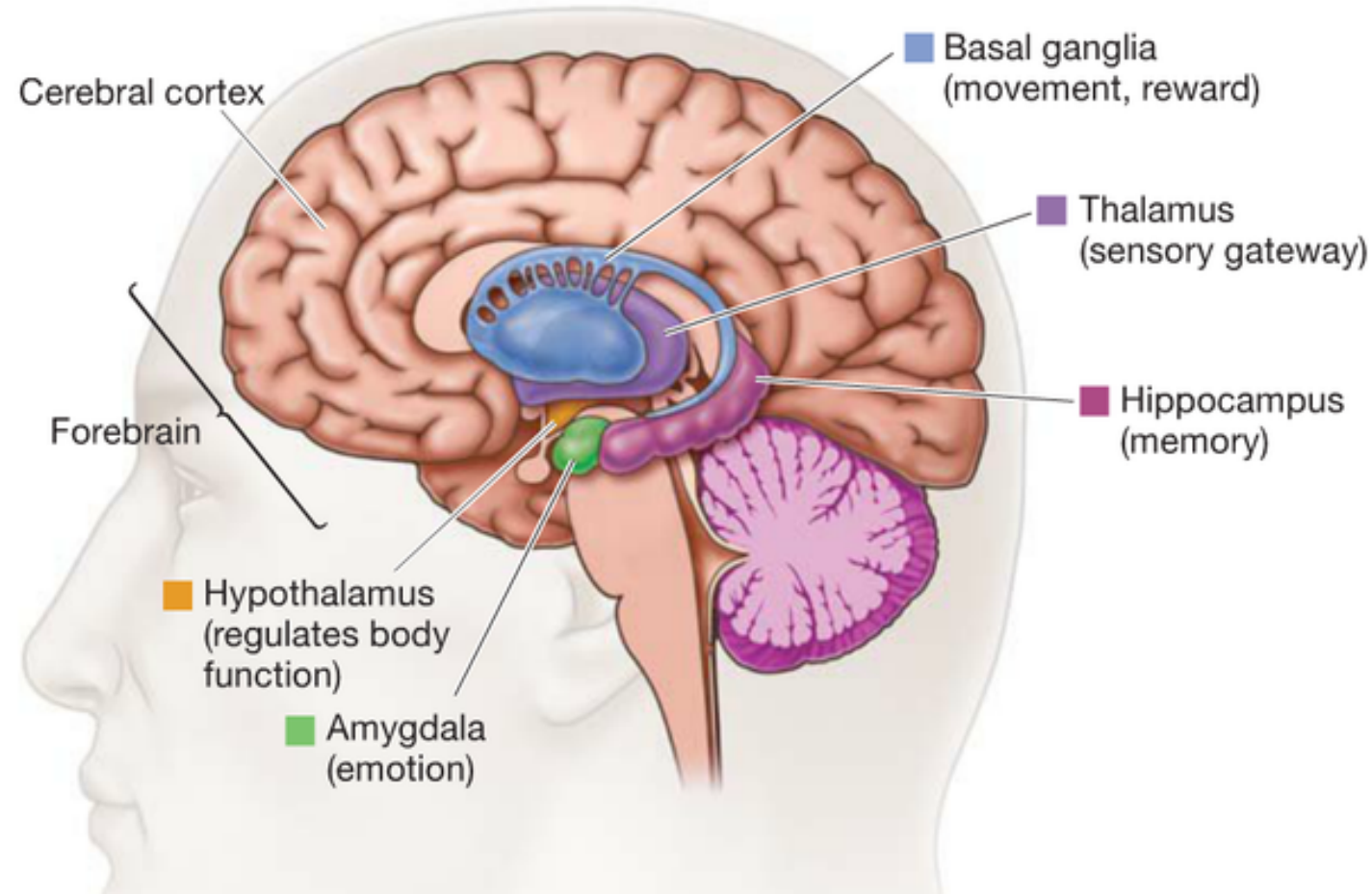


## Subtle and Respectable Sins and Idols

- Bitterness
- Entitlement
- Frustration/Irritation
- Bossiness
- Defensiveness
- Stubbornness
- Arrogance
- Anger
- Material Things
- Past Hurts
- Apathy
- Sins We've Committed
- Controlled by Emotions
- Critical
- Greedy/Ungenerous
- Negativity
- Feelings of Rejection
- Feelings of Stupidity
- Feeling Worthless
- Impulsive
- Lust for Pleasure
- Strive to Repay Kindness
- Can't Take Compliments
- Opinionated
- Overly Sensitive
- Can't Take Any Criticism
- Passivity
- Blame Shifting
- Resentful
- Self-Depreciation
- Self-Pity
- Self-Reliance
- Temper
- Workaholic
- Laziness
- Manipulative
- Confrontational
- Spins the Truth
- A Need to Always be Right
- Hyper-Competitive
- Sore Loser
- Lying
- Gloating Winner
- Justify Mistakes
- Gluttony
- Say Things With Irritable Tone, i.e.:
  - "Are you serious?!"
  - "I am so irritated right now."
  - "I told you so."
  - "Are you kidding me?!?"
- Unreliable
  - "I promise, this time..."
  - Constantly Late
- Apologize, then Excuse
  - "I'm sorry, but..."
- Comparing Yourself to Others
- Comparing Spouse to Others
- Mean-Spirited
- Sexual Lust
- Holds Grudges
- Wonders "What's in it for me?"
- Clingy
- Need to Always Upgrade (car, electronics, clothing, house, etc.)
- Need to Always be in the Loop
- Don't Like to See Others, Especially "Enemies," Succeed
- Insecurity
- Cause Arguments
- Obsessed with Appearance
- Interrupts in Conversation
- Prejudice
- Judgmental
- Name-Dropper
- Brag About Anything (money, accomplishments, job, kids, etc.)
- Worry About the Future
- Anxiety
- Self-Reliance
  - "I Got This."
  - Refuse Help When Offered
  - Won't Ask for Help
- Wastes Time at Work
- Vindictive
- Dismissive
- Waste Lots of Time
- Childish
- Irresponsible
- Bad With Money/Poor Spending Habits
- Makes Impulsive Decisions

Galatians 5:16-26 • Matthew 3:10, 12:33-37 • Jeremiah 17:5-10 • 2 Corinthians 4:16  
Isaiah 30:22 • Proverbs 27:20 • James 1:14, 15 • Mark 4:14-20

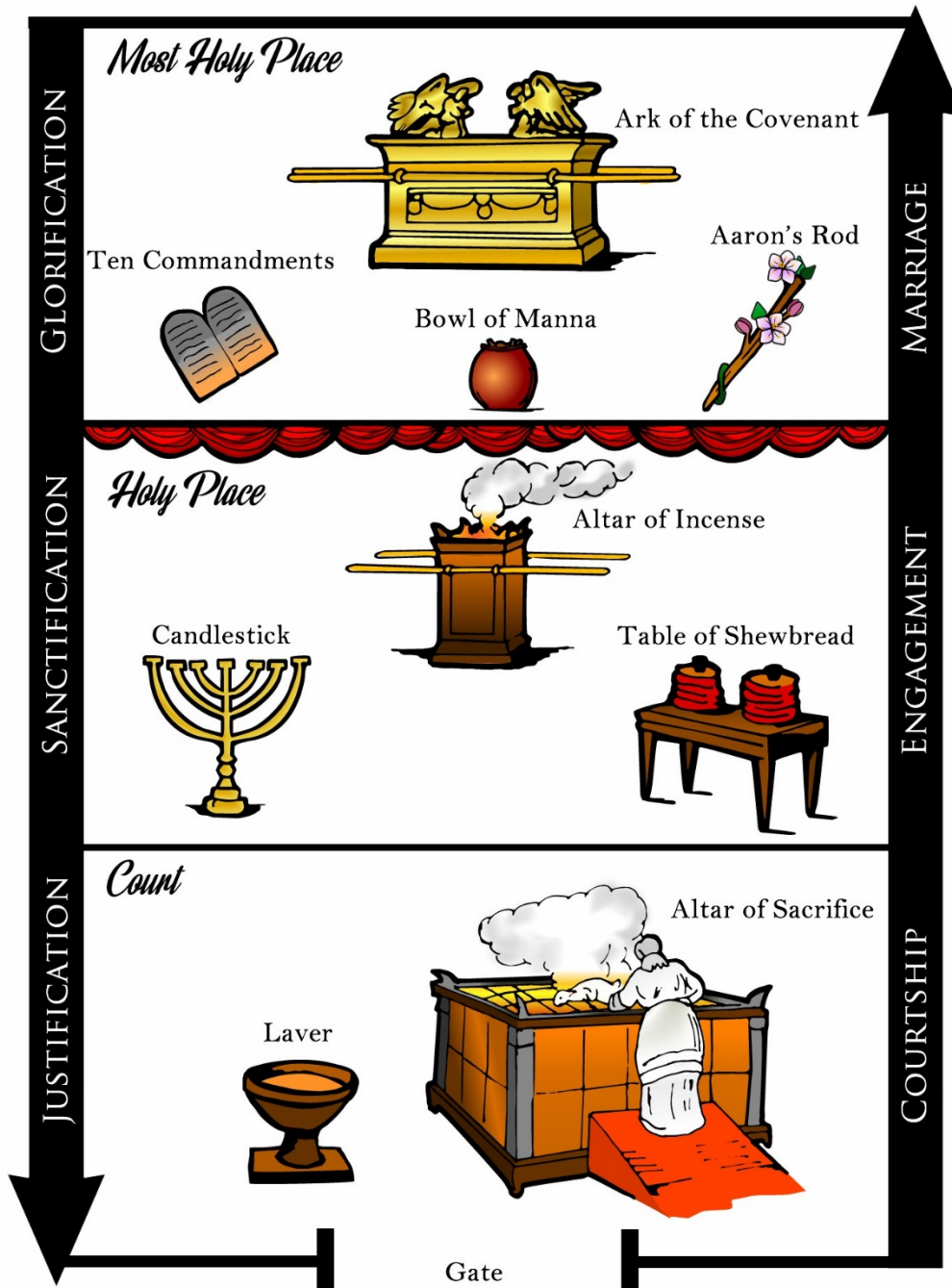




*Amygdala* – Area of the brain that stores all of our emotions and memories, adjacent to the Hippocampus

# Amygdala

- The amygdala does not heal itself.
  - Years of pain backed up, stored up and clogged up
- If the lie believed is not worked through when it initially happened your responses and reactions to the lie will continue to be the same as when you were initially triggered.
  - We don't want to continue to respond in immature ways.
  - 1 Corinthians 13:11 "When I was a child, I spoke as a child, I understood as a child, I thought as a child; but when I became a man, I put away childish things." (NKJV)
- The amygdala is involved in several functions of the body including:
  - Arousal
  - Fear
  - Emotional responses
  - Memory
- A hyperactive amygdala causes fear disorders such as:
  - Anxiety
  - Panic Attacks
  - Obsessive Compulsive Disorder (OCD)
  - Post-Traumatic Stress Disorder (PTSD)
  - Borderline Personality Disorder (BPD)
  - Social Anxiety Disorder



- **Gate** – Praise
  - **Altar of Sacrifice** – Self Sacrifice
  - **Laver of Water** – Cleansing
  - **Table of Showbread** – Jesus
  - **Candlesticks** – Holy Sprit
  - **Alar of Incense** – Intercession
  - **Mercy Seat, Ten Commandments, Art of the Covenant** – Write His law in our heart, give Him glory
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- **Gate** – Acknowledging negative emotion and its affect.
  - **Court** – Praying and asking for forgiveness for actions but no change, emotions resurface
  - **1<sup>st</sup> Apartment Victory** – Reactions change, emotions resurface
  - **2<sup>nd</sup> Apartment Victory** – Reactions and emotions change, completely healed, in harmony and agreement with the Law of God
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- Once we're in agreement with Him the Holy Spirit can flow through us and into us unobstructed.
  - Only the spirit that flows through us is the one we're in agreement with.

# *Spiritual Cleansing*

- Redirecting our Response – Turning to Jesus and connecting with Him all the time
  - Jesus wants to redirect our fulfillment from fulfillment in man and self to complete fulfillment in Him.
  - When we're always connected to God we're always fulfilled.
  - Jesus is our ultimate fulfillment.
- Cooperating with Jesus:
  - Jesus will guide you to understanding and identifying the particular negative pattern of thinking.
  - Give Jesus permission to identify the root cause of the negative emotion (issues from childhood that we don't remember and are stored in our subconscious memory). Though we don't remember them they still guide our actions.
  - Once you've worked with Christ to identify the negative emotion you're now able to pray and confess the root cause and the lie you believed as a result of the root cause.
  - Ask God to renew and transform your mind and give you new patterns of thinking.
- The result is you're free of that root sin. You now have new positive patterns of thinking. Your actions, reactions and responses are changed. You have a renewed mind!